



Canadian Fitness Education Services 2010 Course Resources Price List

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CFES Fitness Knowledge Course

CFES Fitness Knowledge Course Student Resource Manual, 8th Edition (FKSM)
National Library of Canada ISBN: 0-9731320-0-0; Publisher: Canadian Fitness Education Services Ltd.
350 pages, \$40.00*

CFES Fitness Knowledge Course Student Program Booklet, 8th Edition (FKSPB)
National Library of Canada ISBN: 0-9731320-1-9; Publisher: Canadian Fitness Education Services Ltd.
158 pages, \$15.00*

CFES Fitness Knowledge Course Educator Resource Kit, 8th Edition (FKEdKit)
National Library of Canada ISBN: 0-9731320-3-5; Publisher: Canadian Fitness Education Services Ltd.
580 pages, \$185.00*/ Upgrades \$60.00* PowerPoint Educator Kit Supplement: 600+ slide cdrom. Existing course conductors \$60.00 / new course conductors add to hardcopy purchase price. (+gst/delivery)

CFES Generic Fitness Knowledge Course Student Program Booklet: \$10.00
The generic fitness knowledge student program booklet is intended for high school students and includes chapter assignments and worksheets but does not include the answer keys.

CFES Group Exercise Instructor Course

CFES Group Exercise Instructor Course Student Resource Manual, 5th Edition (GEICSM)
National Library of Canada ISBN: 0-9731321-4-0; Publisher: Canadian Fitness Education Services Ltd.
192 pages, \$35.00*

CFES Group Exercise Instructor Course Student Program Booklet, 5th Edition (GEICSPB)
National Library of Canada ISBN: 0-9731321-5-9
Publisher: Canadian Fitness Education Services Ltd.
158 pages, \$15.00*

CFES Group Exercise Instructor Course Educator Resource Kit, 5th Edition (GEICEdKit)
National Library of Canada ISBN: 0-9731321-6-7; Publisher: Canadian Fitness Education Services Ltd.
288 pages, \$155.00* / upgrades \$50.00* PowerPoint Educator Kit Supplement: 300+ slide cdrom. Existing course conductors \$50.00 / new course conductors add to hardcopy purchase price. (+gst/delivery)

CFES Weight Training Instructor Level 1 Course

The CFES Weight Training Instructor Course, Level 1, Student Resource Manual, 6th Edition (WT1SM)
National Library of Canada ISBN: 0-9731320-4-3; Publisher: Canadian Fitness Education Services Ltd.
186 pages, \$35.00*

CFES Weight Training Instructor Course, Level 1 Student Program Booklet, 6th Edition (WT1SPB)
National Library of Canada ISBN: 0-9731320-5-1
Publisher: Canadian Fitness Education Services Ltd.; 78 pages, \$15.00*

CFES Weight Training Instructor Course, Level 1 Program Educator Kit, 6th Edition (WT1EdKit)
National Library of Canada ISBN: 0-9731320-6-X; Publisher: Canadian Fitness Education Services Ltd.
247 pages, New order: \$155.00* / Upgrade: \$50.00* PowerPoint Educator Kit Supplement: 300+ slide cdrom.
Existing course conductors \$50.00 / new course conductors add to hardcopy purchase price. (+gst/delivery)

CFES Advanced Weight Training Instructor Course

CFES Advanced Weight Training Instructor Course Student Manual, 5th Edition (AWTISM)

National Library of Canada ISBN: 0-9731320-7-8; Publisher: Canadian Fitness Education Services Ltd.
152 pages, \$35.00*

CFES Advanced Weight Training Instructor Course Student Program Booklet/

Closed Book Exam, 5th Edition (AWTISPB/CBE)

National Library of Canada ISBN: 0-9731320-8-6/0-9731321-0-8; Publisher: Canadian Fitness Education Services Ltd.

32/10 pages, \$15.00*

CFES Advanced Weight Training Instructor Course Program Educator Kit, 5th Edition (AWTIEdKit)

National Library of Canada ISBN: 0-9731320-9-4 ; Publisher: Canadian Fitness Education Services Ltd.

248 pages, New order: \$155.00* / Upgrade: \$50.00*

CFES Introduction to Weight Training for Young Adults Course

Introduction to Weight Training for Young Adults Student Resource Manual, 4th Edition (WTYASM)

National Library of Canada ISBN: 0-9731321-1-6; Publisher: Canadian Fitness Education Services Ltd.

174 pages, \$25.00*

Introduction to Weight Training for Young Adults Student Program Booklet, 4th Edition (WTYASPB)

National Library of Canada ISBN 0-9731321-2-4; Publisher: Canadian Fitness Education Services Ltd.

52 pages, \$5.00*

Introduction to Weight Training for Young Adults Educator Kit, 4th Edition (WTYAEdKit)

National Library of Canada ISBN 0-9731321-3-2

Publisher: Canadian Fitness Education Services Ltd.

246 pages, New order: \$155.00*/ Upgrade: \$50.00*

* All orders GST/delivery extra.

* Please allow seven (7) working days for resource order printing and delivery.

For more information contact Canadian Fitness Education Services Ltd. (CFES):

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